


Circles

We will learn about different kinds of relationships.


We will also learn about different kinds of talk, trust and touch based on who is close and who is far away.




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The Three T's



- **Talk:** Means how much you talk to someone else and how formal your conversation is with them.



- **Trust:** Means how much you can rely on another person to safeguard your interests.




- **Touch:** Means how much body contact you will have with another person


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Purple Private Circle



- **Talk:** You have private thoughts and feelings. You decide who you talk to and what you say.



- **Trust:** You can trust yourself. You decide who else you can trust.

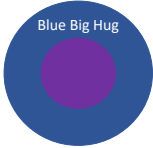


- **Touch:** Your body is your own. You decide who else can touch you.

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Quick Review:






- Who is in your blue big hug circle?
- What is the sign for the blue big hug circle?
- What kind of talk, trust and touch should you use?

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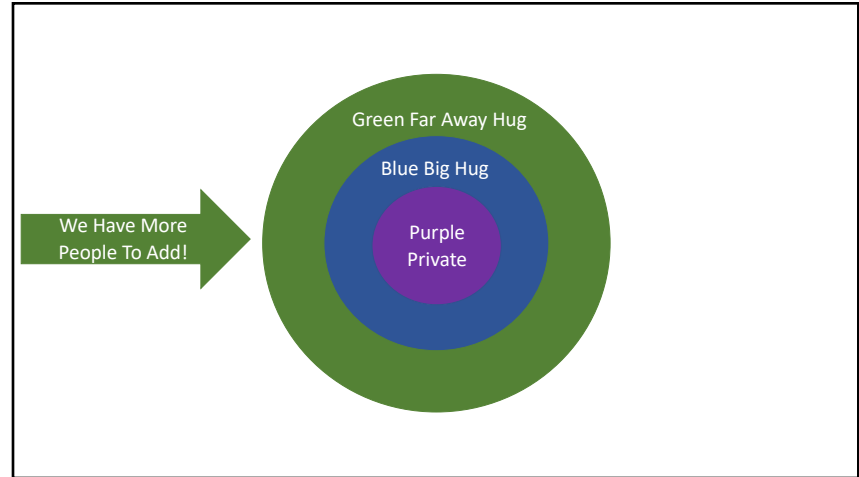
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Blue Big Hug Circle

-  • **Talk:** You can talk to your family about any subject, even something personal.
-  • **Trust:** You can fully trust your family.
-  • **Touch:** You can hug and touch your family, in a way that is loving, but not romantic.

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Green Far Away Hug Circle Sign

How does the green circle size compare with blue big hug circle?

How might the hug you give your relatives differ from the hug you give your family?




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Green Far Away Hug Circle

Relatives are in the green far away hug circle.
Let's watch a video to figure out who else is in the green far away hug circle.




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Green Far Away Hug Circle

- Who else is in Sophia's green far away hug circle?
- What do we know about them?
- Do you understand why they are in her green far away hug circle?




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Green Far Away Hug Circle

- Who else is in your green far away hug circle?
 - Your close friends.
- When deciding who your close friends are, consider:
 1. HOW LONG have I known the person?
 2. HOW OFTEN do I see the person?
 3. HOW MANY common bonds do I have with the person?
 4. HOW WELL do I know the person?
 5. HOW DEEP are my feelings for the person?
 6. HOW SAFE am I with the person?




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Green Far Away Hug Circle

A person is a close friend IF...


- You have known them for a long time
- You see them or talk to them often
- You share some common bonds (activities)
- You know their likes and dislikes
- You have friendly feelings
- You would not hurt each other on purpose




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Green Far Away Hug Circle



- **Talk:** You can talk to your close friends about personal news, family news or current events.



- **Trust:** You can usually trust your close friends. Usually, they would not hurt you on purpose and will help you if they can.




- **Touch:** You can give a far away hug that is affectionate and friendly, but body to body.

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Green Far Away Hug Circle: Sharing Time

1. My name is _____.
2. This is the green far away hug circle. 
3. A close friend I spend time with is _____.
4. With them, I like to _____.

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Green Far Away Hug Circle: Role Play

1. How might you invite a friend to your house to spend the afternoon?
2. What would you do if your friend forgot to bring lunch to school?
3. What would you do if your friend was sick?
4. What would you say or do if your friend won a contest?

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Green Far Away Hug Circle: Activities

1. Watch the video and discuss.
2. Complete the My Close Friends worksheet.

The Green Far Away Hug Circle: My Close Friends

Your close friends are in your green far away hug circle.

Fill in the blanks to tell us about a close friend OR talk through the prompts with a family member or friend.

My close friend's name is _____

I was born in _____

I have known my close friend for _____ years.

I like to talk to my close friend about _____

My close friend is really good at _____

I would describe my close friend as _____

When I am with my close friend, we like to _____

I trust my close friend because _____

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Green Far Away Hug Circle: Activities

3. Complete the Sorting Activity.

Review: Sorting Activity

Write down or talk about people you know who belong in each circle.

People Who Circle: You	
Blue Hug Circle: Immediate Family	
Green Far Away Hug Circle: Relatives	
Green Far Away Hug Circle: Close Friends	

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Green Far Away Hug Circle

For Next Session

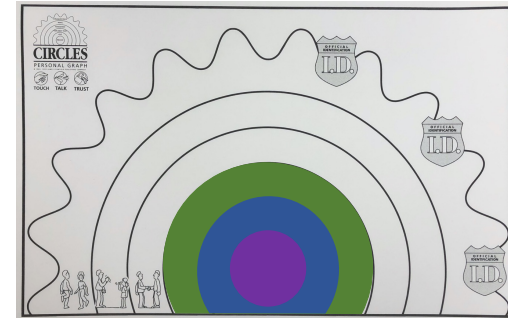
1. Send in pictures of your close friends
2. Be prepared to talk about your close friends
3. Be prepared to talk about what activities you like to do with your close friends
4. Be prepared to share the My Close Friends worksheet or Sorting Activity
5. If you are creating your own Circle Map, add the words "close friends" to the green far away hug circle

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Let's Do It!

1. Write the words "close friends" in your green far away hug circle



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