

# The Vesta View

Arizona Market Report



## Vine Dining!

*"Eating a tomato is like biting into summer itself."*  
— Russell Baker

Berry supplies remain steady; however recent weather has impacted fruit. Strawberries are showing softness and shorter shelf life, Blueberries over-ripeness, and Blackberries some red cell.

WA Apples are quickly winding down their season with new crop becoming available for some varieties later this month. Small Fuji Apples are very short but also expected to improve next week when more growers have supplies.

Stone fruit season is winding down more quickly. Recent rain has affected quality and supply. Scott Farms might have Tree Ripe Yellow Nectarines and Pluots for a couple more weeks, but are finished with Tree Ripe White Nectarines and White and Yellow peaches. Family Tree has also advanced their final harvest dates to the next week or so.

CA Blood Orange season is done; imported supply is

## VESTA UPDATES

Access our Cultivate Summer issue [here](#).

### Mark your calendars:

September 22<sup>nd</sup> - First day of Fall

September 23<sup>rd</sup> - Rosh Hashanah

September 30<sup>th</sup> - Cultivating Our Community LA

October 2<sup>nd</sup> - Yom Kippur

## BEST FRUIT OPTIONS

Finger Limes/Shanley Farms \*

Rose Pink Raspberries/2 Peas & JG Berries \*

Plums/Scott Farms \*

Red Flesh Pluot/Family Tree Farms \*

Green/Yellow Skin Pluot/Family Tree Farms \*

Toybox Melons/Weiser & Riverdog Farms \*

Midnight Watermelon/CA \*

Candy Snap grapes/CA \*

Champagne Grapes/CA \*

Thomcord Grapes/CA \*

Kyoho Grapes/Scott Farms \*

Cotton Candy Grapes/The Grapery \*

Concord Grapes/Scott Farms \*

Candy Striped Figs/CA \*

Black Mission Figs/CA \*

Warren Pear/Frog Hollow \*

Shiko Pear/Kingsburg \*

\*Pre-order item

expected to arrive this weekend. Oranges are up in price as CA Valencia Oranges are winding down and Navels will not start their season for another month. Grapefruit will be a lighter color as the CA Marsh Ruby variety is what's available in our regular codes. Other options are #21697 Import Grapefruit or #13165 Local Grapefruit from Bernard Ranch.

Weiser Family Farms continues to be in very limited supply of melons due to the season beginning to wind down and unusual rainy weather. In the meantime, we will cover the melons with product from Riverdog Farms and Munak Ranch.

CA Passionfruit season has begun and is down in price this week. Lychee has returned to normal supply and lead-times. MX Mangoes will finish their season next week and transition to Brazil product.

Green Gem Lettuce is short as growers are pro-rating orders. We hope to see some improvement in the next couple of weeks. Iceberg supplies have improved and come down in price. Artichokes are tight in supply and up in price. Broccoli and Broccoli Florets are limited due to bug pressure and abnormal weather conditions. As a result, the price has increased.

Over the next two weeks, Red, Yukon, Purple Potatoes, and Red and Yellow Onions will transition to new WA crop.

Gold and Red Bell Peppers continue to decrease in price. Brentwood Corn is now expected to be available through October. MX Tomatillos will be very limited for a couple of months. Persian Cucumbers are more limited in supply which is causing price to increase.

## BEST PLATE VEGETABLES

Blue Lake Beans  
Corn  
Cucumbers  
Eggplant  
Garleek  
Romaine Lettuce  
Shelling Beans  
Shishito Peppers  
Summer/Soft Squash  
Sweet Peppers  
Tomatoes

## SEASONAL/LOCAL VEGGIES

Chefs Blend Mushrooms/Hokto Kinoko \*  
Chanterelle Mushrooms/USA \*  
Lobster Mushroom/USA \*  
Matsutake Mushrooms/USA \*  
Cherry Mixed Tomatoes/Valdivia \*  
Spigarello/Jimenez Farms \*  
Squash Flower/Fresh Origins \*  
Heirloom Tomatoes/Tutti Frutti & Valdivia Farms \*  
Sungold Tomatoes/Munak Ranch \*  
Sweet Prince Tomatoes/Row 7 Seeds Co \*  
Lemon Cucumbers/Finely Farms \*  
Cucamelon/McGrath & Coleman \*  
Armenian Cucumbers/McGrath Farms \*  
Garleek/Row 7 Seeds Co \*  
Mixed Summer Squash/Beylik Farm \*  
Gold Bar Squash/Beylik Farm \*  
Jimmy Nardello Peppers/Weiser Family Farms \*  
Habanada Peppers/Weiser Family Farms \*  
Corn/Brentwood \*  
Badger Flame Beet/Row 7 Seed Co \*  
Dragon tongue Beans/2 Peas in a Pod \*  
Cranberry Beans/2 Peas in a Pod \*

\*Pre-order item

## FRESH ORIGINS

Please reach out to your sales representative for more information on the items we have available.

## WINDING DOWN OR DONE

CA Valencia Oranges	White Peaches
Tree Ripe Yellow Peaches	Green/Yellow Pluots
Tree Ripe White Peaches	Red Premium Pluots
Midnight Roma Tomatoes	Cherries
Honey Mangoes	CA Blood Oranges
Donut Peaches	Hatch Chili Peppers
White Nectarines	Varietal Melons